Std 2-E.V.S

Ch 3(My Needs-Food We Eat)

Answer the following questions

Q1) Who are vegans?

Ans) People who do not have any animal products such as milk, meat, curd, cheese and butter are called vegans.

Q2) Why we should not eat junk food?

Ans) We should not eat junk food because it contains too much of salt and sugar. Too much salt and sugar is bad for our health.

Q3) What is staple food?

Ans) The main food of any place is called it's staple food.

## Holiday Homework

Learn all the questions and answers given in the assignments.